

This eight-week program will improve your:

- Cardio Condition
- Muscular Strength
- Core Stability
- Overall Health



# BOOT CAMP

**Early registration:**  
\$55 for members  
\$65 for non-members  
September 28 – October 9

**Late registration:**  
\$70 for members/non-members  
October 10 – 23

Sign up in the Bronco Fitness Center,  
located in the BSC (Bldg. 35-1611).

## FALL INTO FITNESS

**WHEN:**

October 12 – November 20  
5:30 p.m. – 6:30 p.m.

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